







**“We care about our future;  
and therefore, we provide support to forestations  
projects every year”.**

The wooden parts which are used for all of our products  
are made of sustainable, industrial certified trees.



# Production



## Why Atro Pilates?

Atro Pilates was launched to create equipment that is both safe and aesthetically pleasing by drawing on sports biomechanics and kinesiology and determined the fields of use of its equipment accordingly. Equipment has been designed so that they can be used in studios, physiotherapy centers and at home.

Atro Pilates uses high quality, environment-friendly and sustainable industrial materials. Our entire equipment is secured under a patent and rigorously manufactured in our own factory by use of first-class material and taking hygiene and natural production processes into consideration.

Atro Pilates equipment that offers quality, ergonomics and comfort together meets your needs smoothly.

Atro Pilates products which are made in the UK are manufactured in its manufacturing facility in London by drawing on specific designs and engineering.

It manufactures quality equipment for consumers of Atro Pilates for more than 15 years by investing in material engineering and Research and Development. It combines its knowledge gained through its experience of manufacturing more than 10.000 reformers with innovations in the sector and, as such, designs innovative, models in addition to conventional pilates equipment.

Atro Pilates stands out as it exports its products to many countries all over the world besides being a leading brand in Great Britain.

Atro Pilates adopts it as a principle to manufacture sturdy, foreseeable and smoothy-operating products through engineering, which are also aesthetic and easy to use thanks to its design.

Continuity and accessibility in service is the clear answer of why Atro Pilates it is.



# Cadillac

Atro Pilates Cadillac has been developed specially for pilates studios and physiotherapy centers.

It does not slip on the floor ever thanks to the plastic covers placed under its legs.

It enables to you to finish all of the tower motions smoothly due to its cage system besides strong construction.

Atro Pilates Cadillac makes sure that its user enjoys a unique sense of quality and comfort.

## Dimensions

- WOODEN BED : Width 74 cm x Length 210 cm x Height 59 cm

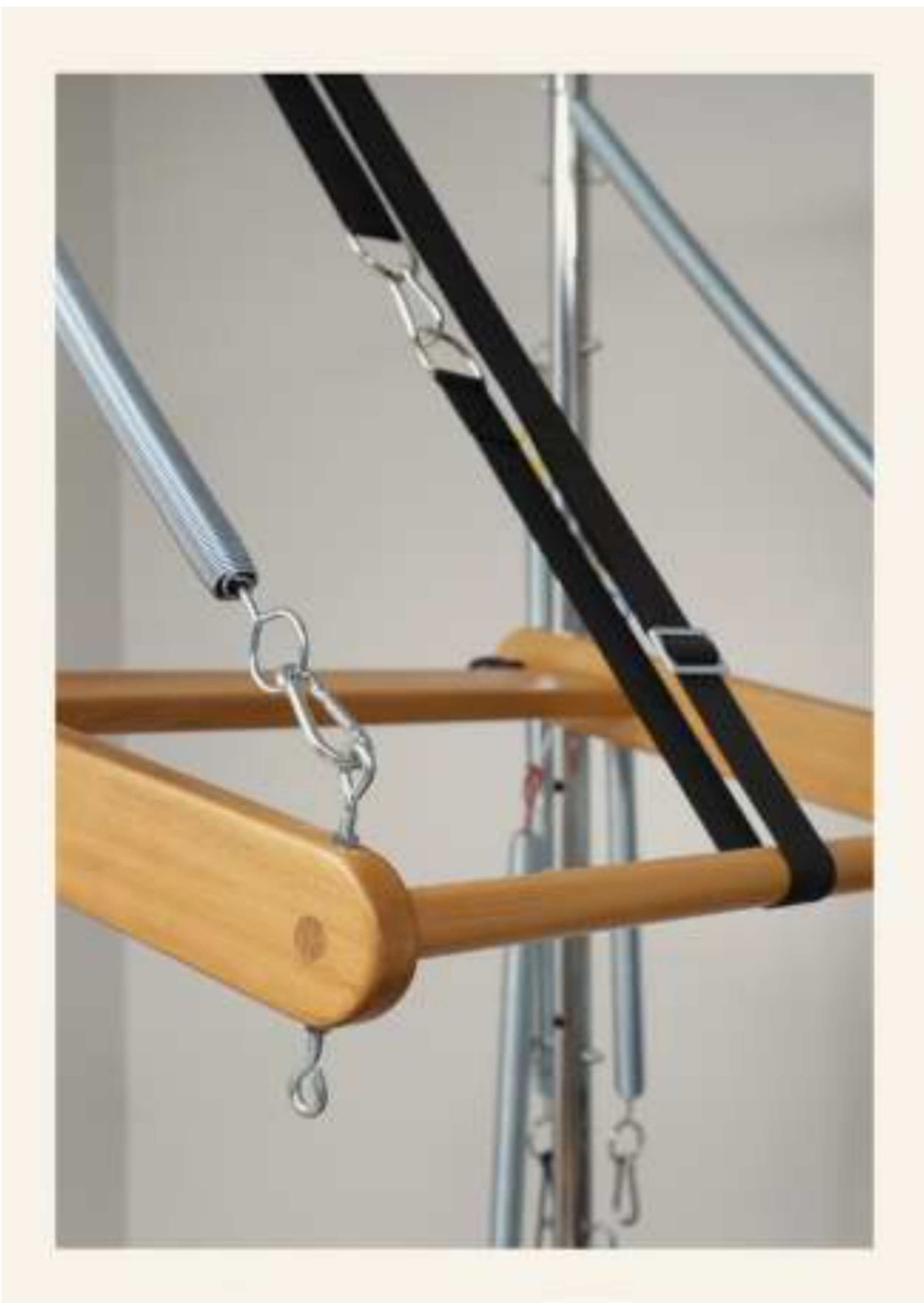
- TOWER : Width 74 cm x Height 190 cm

- GENERAL : Width 74 cm x Length 220 cm x Height 215 cm

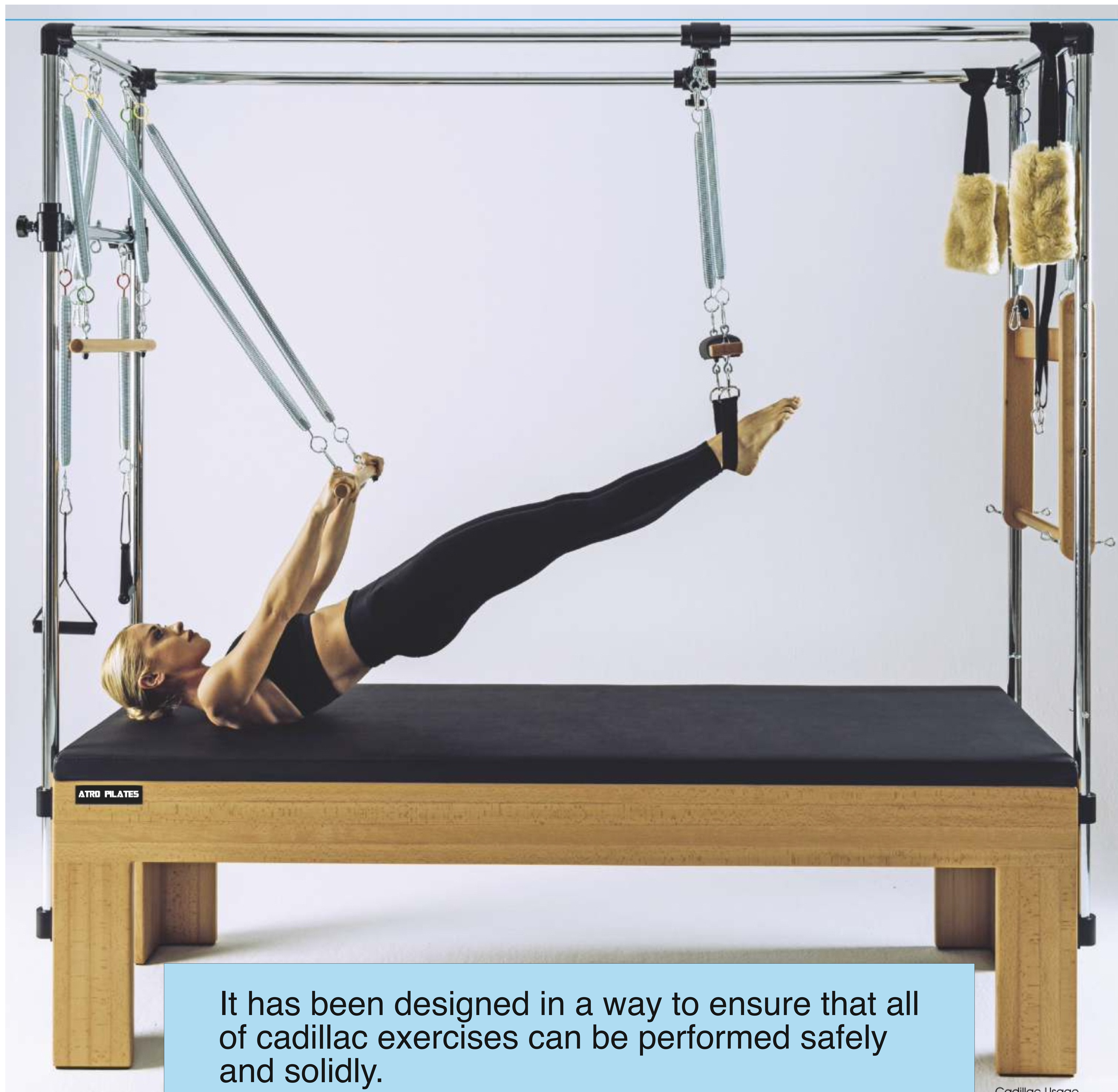
(The distance between the bottom point on the floor to the highest end of the equipment H: 215 cm)



This equipment is one of the first piece of pilates equipment designed by Joseph Pilates.







Cadillac Usage

## Features:

- It has been developed so that it can be both used as cadillac and enables user to perform all of the tower motions thanks to its cage system.
- It is made of first class beech tree. It is resistant to fluids as it is finished in four layers of special, opaque varnish.
- Equipment is resistant to humidity thanks to the plastic covers placed under its legs and does not slip on the floor.
- Equipment upholstery is made of first class, antibacterial leather.
- Equipment construction is made of iron coated with chrome.
- 8 connection points that attach wood to the bars ensure high fixation and balance.
- All of the equipment springs are made of first class steel.
- The number of upper group of springs is 12 (blue, yellow, green, red short ones, two of each color) (blue and yellow long ones, two of each color).
- 2 Transparent springs are used as holder for trapeze.



# Accessories

All of the accessories are manufactured rigorously in our own factory by taking natural manufacturing processes into consideration.



## BOX

This accessory, which is also known as Pilates Box and Sitting Box, is an accessory that is used together with Reformer and Cadillac Reformer equipment.



## FUZZY

It is known as fluffy foot strap in pilates exercises. It is one of the indispensable accessories of Cadillac and Cadillac Reformer equipment. Its supportive fur is advantageous in the sense that it ensures high safety during balance movements.



## JUMP BOARD

This accessory, which is also known as Padded Jumpboard, will add a wide range of new exercised to your Pilates repertoire on Reformer, Folding Reformer and Cadillac Reformer equipment. It is the apparatus that is combined with cardio exercises for advanced users.



## HANDLES

This pilates handle ensures that you finish the movements conveniently and comfortably during your exercises thanks to its rubber handle.

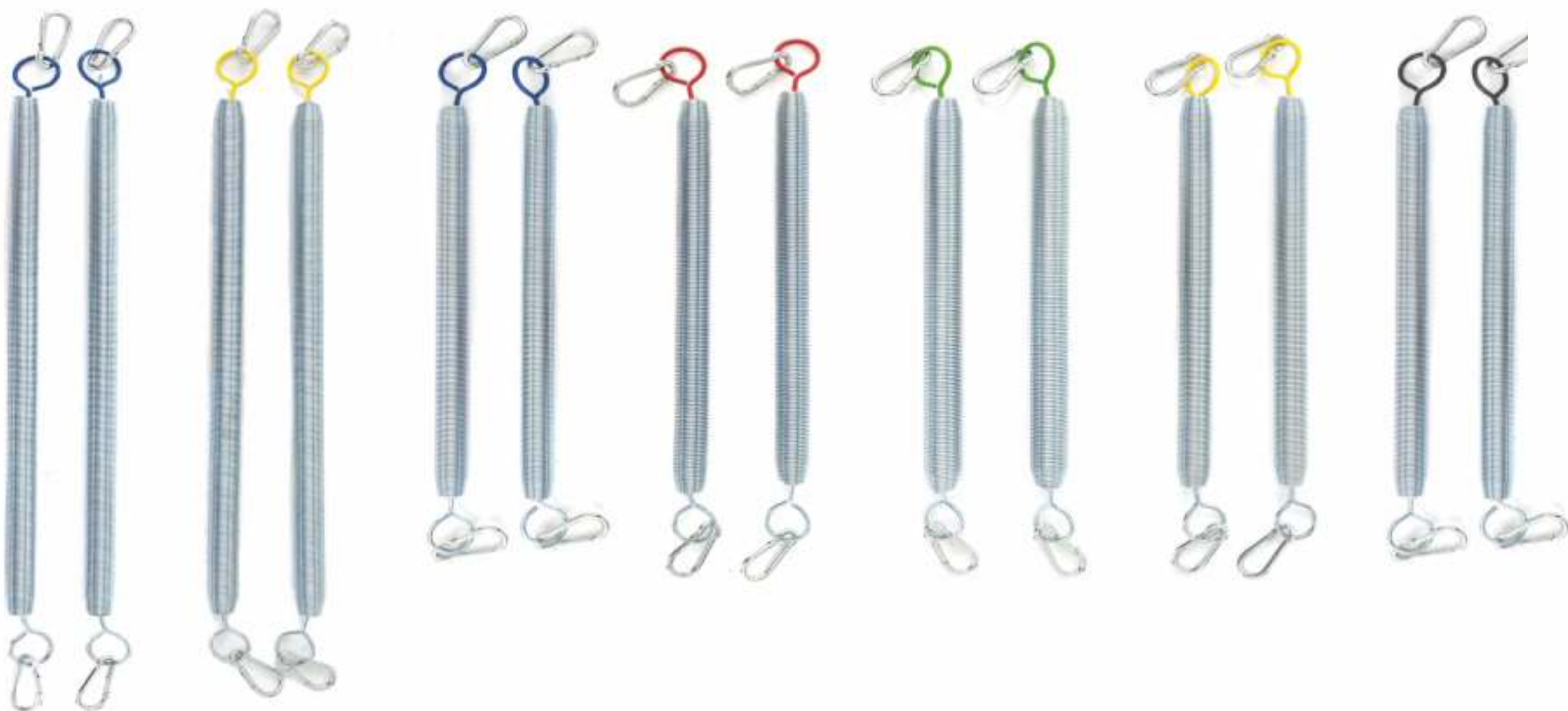


## BDS REEL

This newly developed reel system enables movement of rope inside the reel so that maximum silence is ensured during circular movements.

## SPRING SET

Spring systems which are of different resistances enables each user to do exercises against different resistances at every move thanks to its series of 10 springs which are long or short.







## STRAPS

Straps which are attached to springs and ropes enhance hand and feet comfort due to their cotton texture.

## WOODEN BAR

This accessory, which is attached to springs, is one of the most used apparatus of Cadillac equipment.



## TRAPEZE

Trapeze bar which is made of hard beech tree and the special sponge if which is coated with non-slip leather enables ease of movement.









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